

KIDS CALM N' CHILL

Children today experience more stimulation than ever — screens, busy schedules, school pressures, sports, sugar, sleep disruptions, and environmental stressors all impact their nervous systems.

Calm n' Chill is designed to support:

- Healthy nervous system regulation
- Relaxed mood during occasional restlessness
- Emotional balance during transitions
- Natural relaxation before bedtime
- Support during overstimulating situations

This formula works with the body, not against it.

WHAT'S INSIDE & WHY IT MATTERS

Organic chamomile flower:

- Support relaxation
- Promote calm mood
- Support digestive comfort during stress
- Encourage healthy sleep readiness

Chamomile gently supports the body's stress response while also helping soothe the gut, which is an important connection for children whose nervous system and digestion are closely linked.

SUPPLEMENT FACTS

Serving Size: 30 drops (1mL)
Servings Per Container: 30

Amount Per Serving	%DV
--------------------	-----

Proprietary Blend	371 mg*
--------------------------	---------

Organic Chamomile Flower, Fresh Organic Valerian Root, Organic Hops Strobiles, Fresh Organic Lobelia Herb
--

Herb Strength Ratio 1:2:7

* Daily Value (DV) Not Established.

Other Ingredients: Vegetable Glycerin,
Deionized Water

Fresh organic valerian root:

- Support relaxation
- Encourage natural sleep readiness
- Support healthy nervous system function

Valerian works by supporting neurotransmitter balance involved in relaxation. Using fresh valerian root helps preserve the plant's active compounds.

Organic hops strobiles:

- Support relaxation
- Promote calm mood
- Support healthy sleep cycles

Hops pair synergistically with valerian and chamomile to support the body's natural wind-down process.

Fresh organic lobelia herb:

- Support healthy respiratory function
- Support nervous system relaxation
- Promote overall balance during stress

Lobelia works in small amounts to support nervous system tone and balance.



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. For educational purposes only.



THE
WELLNESS
WAY

thewellnessway.com